

CORRECTION

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Correction: Comparison of total cold-water immersion's effects to ice massage on recovery from exercise-induced muscle damage

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Correction: J Exp Ortop 9, 59 (2022)

<https://doi.org/10.1186/s40634-022-00497-5>

Following publication of the original article [1], the authors identified an error in reference 30. The reference 30 should be:

Demirhan B, Yaman M, Cengiz A, Saritas N & Günay M (2015) Comparison of Ice Massage versus Cold-Water Immersion on Muscle Damage and DOMS Levels of Elite Wrestlers, *The Anthropologist*, 19:1, 123-129, DOI: 10.1080/09720073.2015.11891646

Instead of:

Yaman M, Nazmi S & Cengiz A (2015) Comparison of Ice Massage versus Cold-Water Immersion on Muscle Damage and DOMS Levels of Elite Wrestlers. *Anthropologist*. DOI:10.1080/09720073.2015.11891646

The original article has been corrected.

Reference

1. Fakhro MA, AlAmeen F, Fayad R (2022) Comparison of total cold-water immersion's effects to ice massage on recovery from exercise-induced muscle damage. *J Exp Ortop* 9:59. <https://doi.org/10.1186/s40634-022-00497-5>

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